

Fall 2006



ABREAST

UCSD Women's
Center Newsletter



University of California, San Diego
The Women's Center
9500 Gilman Drive, 0096
La Jolla, CA 92093-0096

Please help us save money. Let us know if this person is no longer at this address or if you no longer wish to receive our newsletter.

A Letter from the Editor:

Dear Readers,

You have in your hands the Fall edition of ABREAST, the Women's Center quarterly newsletter. This issue encourages you to become politically involved and hit the polls and vote this Tuesday, November 7th! Remember, elections are about more than just selecting politicians – they're about changing local policy and advocating social justice.

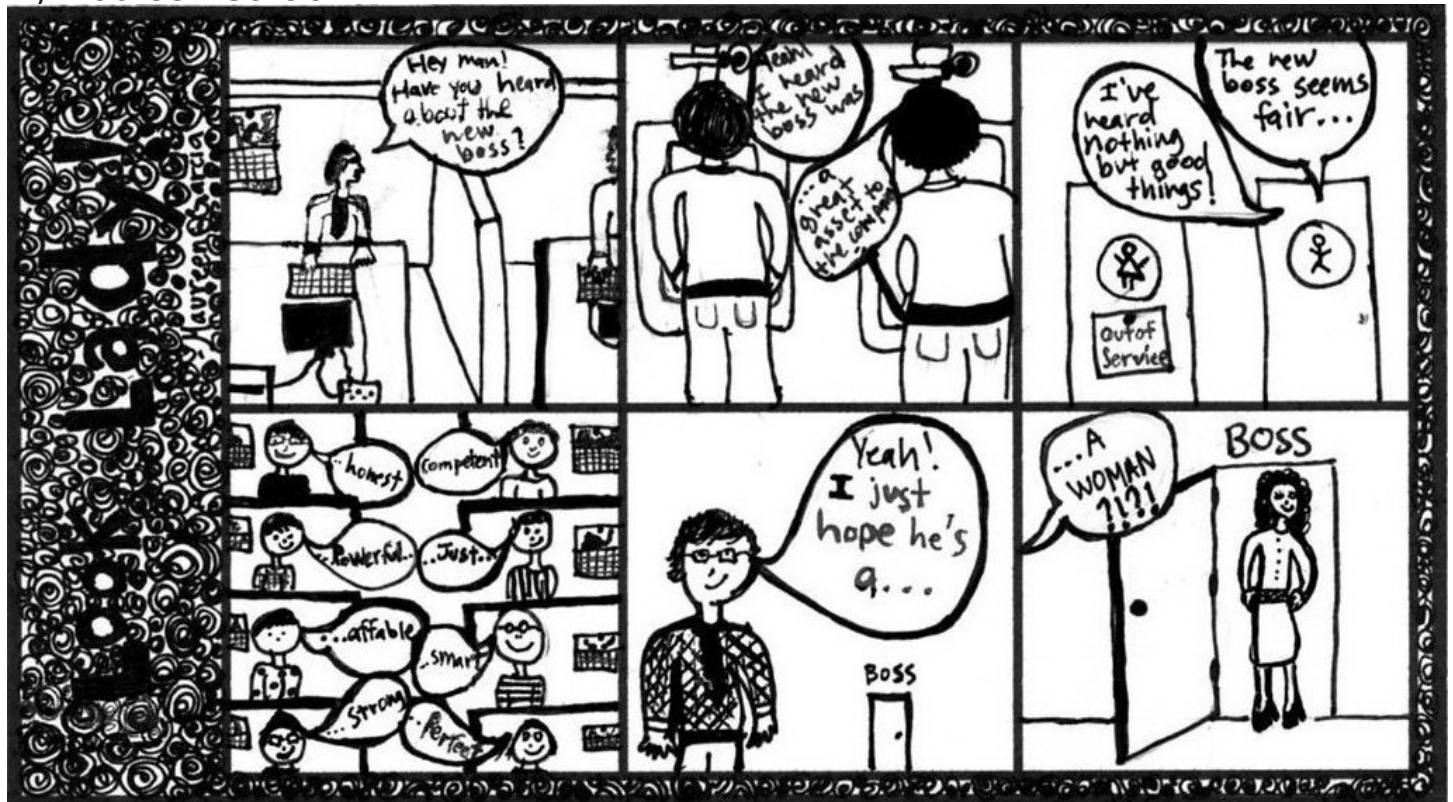
Fall 2006 marks the Women's Center's first full school year in its new space in the Original Student Center, and as your community center, we invite you to visit and make this space your own. Please write us with your letters, comments, reactions, submissions (nonfiction, poetry, stories, artwork – your imagination is the limit), and suggestions with what YOU would like to see in ABREAST. This paper cannot exist without you! Direct your thoughts to women@ucsd.edu, attn: Newsletter.

This is your new newsletter intern signing off, and looking forward to another year of feminism, activism, social justice, and good times.

Cheers,
Kyla Buckingham
UCSD Women's Center Newsletter Intern

Look Lady!

By Maureen Garcia



In This Issue

- 3 Resource Spotlights:
 - sexual assault resources
 - and political organizations
- 5 Feature: women
 - underrepresented in politics
- 6 Prop 85: the facts
- 7 Female Heads of State:
 - there have been 88 of them!
- 9 Activist Spotlight:
 - everyday mujer heroína
- 10 Meet the Interns: nine
 - new perspectives at the WC
- 14: Your Thoughts: on
 - feminism, on media, on the WC

Resolutions

by canasian

I want you

to watch these moments as they pass you by
to watch you cry -
to wonder why...

see the numbers as the slowly fade
away
---no way---

see what you are
and what you could be
not what you should be...

clink clink - watch it drop
into a hat, into a hate...
was fate, just fate...

with twinkling moonshine upon false eyes
and whispering secret sounds past wondering ears
but wasting away, ignoring all fears...

a wonderment of surprises
a knowing of surmises...
creating what could not have been

my resolution in these years be
is simply to be, simply me...
*ah then, then you will see

just what to do:
my resolution... is to begin anew.

Artistic Corner



Matthew Riederer, Open-Mouthed Pictures
Are a Sound Basis for Friendships

glossed

by canasian

she was that wall
made of sugar, spun gold
layed layers thickly placed
bending, soft... it was still warm
shifted, accomodated...
sharp corners, soft curves
it wouldn't break
it couldn't
of course
it
could.
the wall it dried
untouched for hours
untainted for days
left cold for weeks and months
it became hard
seemingly impenetrable
it was so thick
she seemed so sweet.
to lick would be heaven
indeed. heaven

but
one rap, one jiggle
case rift
-it shattered into a dozen
thousands of sparkling pieces
drifting down towards the ground
wasted.
destroyed.
that sweet misery
strewn across the floor.
broken, lost.
no longer.
.
needed.
no need for that wall
no longer barred
free from that sticky grave
she smiled
a real
smile.



Nikolitsa Paranomos

Resource Spotlights

League of Women Voters

Romina Oribello

The League of Women Voters was officially formed on February 14, 1920, approximately six months before the nineteenth amendment was ratified, finally allowing women the right to vote. It was founded in Chicago, IL, for the purpose of organizing women "in an effort for legislation which will protect coming movements, which we cannot even foretell, from suffering the untoward conditions which have hindered for so long the coming of equal suffrage." The LVW is a nonpartisan political orga-

nization whose purpose is to educate the voter about elections, issues and the voting process. They also advocate for increased active participation within politics for all sexes in order to further the democratic process. While the league does not offer support or opposition to any specific candidates, it does take a stand when it comes to issues of public policy. The league is present in all fifty states, the District of Columbia, Puerto Rico, the Virgin Islands, and Hong Kong and organizes in the national, state and local level. There are currently nine hundred state and local leagues working in an effort to engage the attention and the passion of all voters throughout the nation.

To join the League of Women Voters, please visit their website at www.lwvsandiego.org to print and fill out a form which will be sent with a check to the address below, or email lwvsd@san.rr.com to request a membership packet in the mail.

How to contact the LWV:
Web: www.lwvsandiego.org
Email: lwvsd@san.rr.com
Write: League of Women Voters, 4901 Morena Blvd Buiding 100 Suite 104 San Diego, CA 92117
Call: 858-483-8696

Sexual Assault Resource Center

Nikolitsa Paranomas

The Student Safety Awareness and Sexual Assault Resource Center (usually referred to as the SARC) is an on-campus resource in sexual assault counseling, educational programming as well as creating awareness campaigns through grant writing. All in need of rape counseling are put in direct contact with the Director, Nancy Wahlig, who founded the Student Safety Awareness & Sexual Assault Resource Center in 1988. She is a licensed clinical social worker and provides counseling for those affted by sexual assault and dating violence. She provides mediation sessions for physical abuse victims and the abuser, and she also is available to walk those affted by abuse through the legal investigation process, from the filing of paperwork to appearing in court. Program Outreach Coordinator, Heather Goodroe, student staffers, Mary Chanpion and Moorisha Taylor, as well as the nine Peer Educators are all available at the center as resources for sexual abuse education, referral, and counseling. The Center

also offers amazing free programs in safety, sexual assault, alcohol awareness and any other topic that a group might want to have presented at their meeting, workshop, fraternity house, sorority house, and so on. The Center writes a lot of grants to make possible programs such as the "Most Campaign," which educated students about sexual violence on campus, as well as the National Asian Women's Health Organization program, which worked with Asian American women in violence education and prevention. The current "Social Norms Campaign" works toward deconstructing social norms of relationships as portrayed in the media and rewards positive attitudes towards anti-violence in relationships.

How to contact the Center:

Web: www.studentsafety.ucsd.edu

E-mail :studentsafety@ucsd.edu

Write: Student Safety Awareness & Sexual Assault Resource Center University of California, San Diego 9500 Gilman Dr. Dept. 0372 San Diego, Ca 92093-0372

Call : (858)534-5793

Visit : Main Gym, Office 216
The Main Gym is located between Revelle and Muir Colleges, west of Student Center Building A (near Soft Reserves and The Grove)

SARC is open during UCSD business hours: 8:00am- 4:30pm, Monday through Friday. In an emergency, Nancy Wahlig can be reached through the UCSD Police Department, 858-534-HELP (4357).

Main highlights of the SARC:

1. FREE Physical sexual assault counseling, mediation and law services.
2. FREE Educational Programming put on throughout the year and FREE specially requested programming options available to everyone.
3. Grant writing for educational programs, campaigns and conventions.

Office of Sexual Harassment Prevention and Policy

Nikolitsa Paranomas

For verbal assault issues contact the Office of Sexual Harassment Prevention and Policy

Web: www.oshpp.ucsd.edu

Call : (858) 534-8298

Fax : (858)534-0393

Email: oshpp@ucsd.edu

Write: The Office of Sexual Harassment Prevention & Policy
University of California, San Diego
9500 Gilman Drive
Mail Code 0024
La Jolla, CA 92093-0024

Where is OSHPP Located?

The office is open Monday through Friday from 8:00 am until 4:30 pm. We can be found on the UCSD Main Campus, in the University Center, Building 201, located on the corner of Gilman and Myers.

Office of Sexual Harassment Prevention and Policy



Student Orgs

Matthew Riederer

So, does anyone know of any cool student orgs here at UCSD that I could get involved with? YES!

Ok, for starters, there's **Fluid**. Fluid is a group that meets to discuss the "fluidity" of sexuality and also acts as a confidential support group for those of us that are attracted to more than one gender of people. Here are some things we talked about at a recent meeting:

- Bisexual representations in the media (Kissing Jessica Stein, Chasing Amy, etc)
 - Do bisexuals belong in the queer community?
 - Bisexual role models in the media (or lack)
 - Drinking and bisexuality
 - Coming out as bisexual to parents
 - Lack of the word "bisexual" in other languages
 - Is there a bisexual stereotype? Who fits / doesn't fit?
 - Concerns/fears expressed by others on dating bisexual identified people
 - Nature vs. Nurture
- Sounds interesting huh? Meetings are Wednesdays, 4:30-6:30 at the Women's Center.
Web: <http://lgbt.ucsd.edu/meetings.shtml#FluidSexuality>
E-mail: ucsdfluid@yahoo.com, with "Fluid" in the subject line
Listerv: ucsdfluid@yahoo.com

Do you care about choice? Reproductive health? Sex education?

Then do check out **VOX** (Voices for Planned Parenthood). This group exists "to educate the university community about reproductive health and rights" and to "translate increased awareness into pro-choice activism on campus," (VOX website). Meetings are Wednesdays at 4:30 at the Women's Center. Email vox.ucsd@gmail.com.

UCSD Co-ops

Kathleen Baca

Che Café

Contact: (858) 534-2311

The Che Café is a cool place to find entertainment, cheap vegetarian and vegan food, and an awesome garden. The Che Café has about two or three shows a week for local, as well as touring bands. So if you want a cool place to hang out, grab some good food, or volunteer you should stop by or call.

Food Co-op

Contact: (858) 546-8339

The Food Co-op offers a great selection in natural foods from soups, sandwiches, baked goods, organic produce, and so much more. It's an awesome place to grab a good and affordable lunch and good place to volunteer.

Groundwork Books Collective

Contact: (858) 452-9625 or <http://groundwork.ucsd.edu>

"Is a political student organization working toward social change to give people more control over their own lives." Groundwork Books Collective has a great selection of books for classes and personal reading collections. It always has a great vibe and once again, a good place to volunteer.

The General Store

It's a student run store that has good prices on school supplies, art supplies, snacks, and UCSD clothing. They also sell textbooks that are typically cheaper than the bookstore and buy books from students as well. Stop by and check out the good things they have to offer or lend a hand by volunteering.

Women Underrepresented in American Politics

Kyla Buckingham

The counts are in and the results are undeniable: women are underrepresented in politics. In Congress, women hold 81 of the 535 seats – that’s only 15.1%. Of state legislators 1,686 out of 7,382, or 20.8%, are women. There are more women in the Statewide Elective Executive, but they still comprise only 24.8%, or 78 of the 315 positions. While this is much better than previous counts of zero, women still have much ground to be gained. In a listing of 187 countries, the US is only in the 69th percentile for its amount of congresswomen. While there have been 87 female heads of state in other nations since 1917, the US has yet to elect a woman as president. We are falling behind in the fight for women’s representation in government.

There can be no true democracy without representation, which is why we need more women as political leaders. Statistics consistently show that women politicians initiate legislation that benefits women and other disadvantaged groups more often than do men. It makes sense that women are best able to understand and advocate their own needs. More women in politics will broaden the political agenda and benefit both women and men, who are socialized into rigid gender roles as much as women are.

Would-be female politicians face many barriers to access of power. The expenses behind a political campaign are enormous, and fewer women have access to that kind of money than do men – women still make on average 70 cents to every dollar earned by men. On top of



pictures from www.thewhitehouseproject.org

that, domestic responsibilities traditionally fall to women. If a couple choose to have a child, it is almost always the woman, and not the man, who must sacrifice her career. The United States is still the only industrialized nation without a national child-care program. In the everyday strain to provide for themselves and their families, many women simply do not have time for political activism. And despite women’s strides, American politics are still highly masculinized. The stereotype of politics as a field exclusively for men is still pervasive in attitudes today. In a poll taken by The White House Project, 48.6 of respondents reported that they are not comfortable with having a woman as President of the United States. If women internalize the ideology of women as passive and weak, they will have less confidence in their leadership abilities – women must struggle against such messages.

The Center for Asia Pacific Women in Politics suggests that women create “networks in business, professions, government, trade unions and women’s organizations to share experiences and create solidarity as well as a knowledge base.” One such organization is The White House Project, dedicated to advancing women’s leadership all the way to the White House. Their website, www.thewhitehouseproject.org, provides practical information and re-

sources for promoting women as politicians. They propose that women support each other in this endeavor, and that women in positions of power can reach out to those in lower positions. Ac-

ording to Betty Friedan, “women in this country have far more power than they are using. They vote in higher proportion than men do. The real question is why we aren’t using our power to make the issues that are important to us a higher priority and get more women elected into office.” She also points out that today “more than 40% of law students are women. So in another generation, the talent pool will be nearly equal.”

The lack of women in politics serves as clear evidence that the feminist struggle is not over. Not only is it important that we elect women into positions of power, we must also remove the barriers toward women’s empowerment that still exist in today’s society.

Where to VOTE:

On Campus: Price Center Galery B, 7am-8pm

Voting info, locations:

www.SDVOTE.com

Proposition 85

Waiting Period and Parental Notification before Termination of Minor's Pregnancy

About Prop 85

- Amends California Constitution to prohibit abortion for unemancipated minor until 48 hours after physician notifies minor's parent or legal guardian, except in medical emergency or with parental waiver.
- Permits minor to obtain court order waiving notice based on clear and convincing evidence of minor's maturity or best interests.
- Mandates various reporting requirements, including reports from physicians regarding abortions performed on minors.
- Authorizes monetary damages against physicians for violation.
- Requires minor's consent to abortion, with certain exceptions.
- Permits judicial relief if minor's consent coerced.

Why you should vote NO

-Prop. 85 would put vulnerable teens in jeopardy. As parents, we rightfully want to be involved in our teens' lives, especially when they face important decisions. And most of us are. But Prop 85 forces even teens from violent or abusive homes to involve their parents.

-Pregnant teens would delay critical medical care and counseling. Faced with the possibility of being kicked out, beaten or worse, these teens would delay the medical care and counseling they desperately need.

-Judicial bypass won't work. While the proposed law would include a bypass provision for teens to seek help from a judge, a girl afraid to tell her parents isn't going to march up to a judge in a strange courthouse to talk about her pregnancy. Pregnant teens don't need a judge. They need a counselor and a doctor.

-There's a hidden agenda. Supporters of Prop 85 are the same people who want to overturn Roe v. Wade. This is part of a clear strategy to eventually outlaw all abortions.

<http://www.noon85.com/>

Why you should vote YES

-Parents know their children's needs best. Parents have invested time and attention in raising their daughter; they care about her future. Parents can help a minor daughter understand all her options rather than be pressured into a secret abortion.

-A young girl who is pregnant needs the advice and support of a parent, not a stranger who profits from abortions.

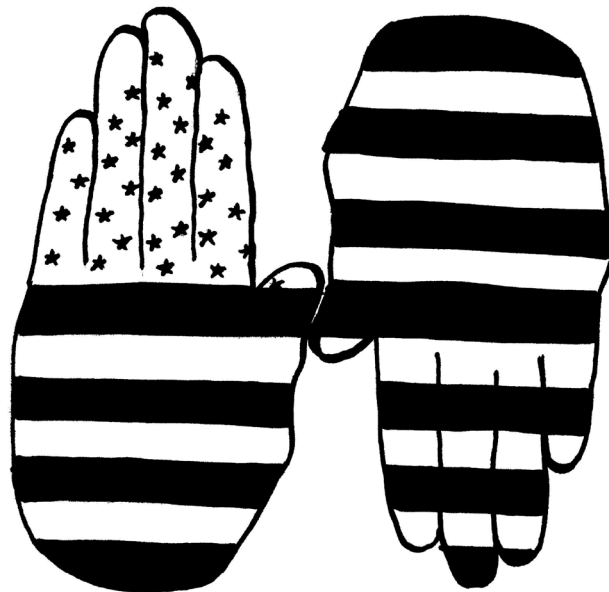
-On a daily basis, older men exploit young girls and use secret abortions to cover up their crimes.

-More than thirty states currently have parental involvement laws like proposition 85 in effect.

-States which have laws like proposition 85 have experienced real reductions in pregnancies and abortions among minor girls.

<http://yeson85.net/>

SPEAK UP!



VOTE

K-BACA

November 7

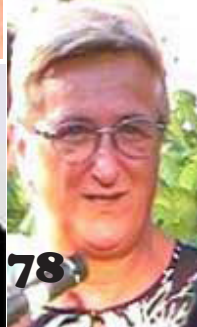
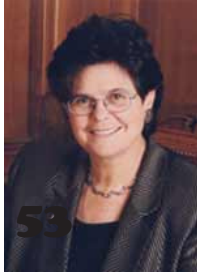
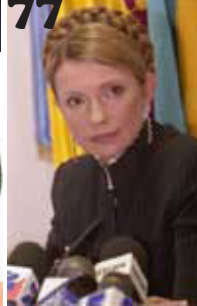
Speak Up!

Kathleen Baca

Women Heads of State

The following women have all served as Heads of States. Why is there no US president on this list?





1. 1917-1918, Evheniya Bohdanivna, Bosch, Ukraine
2. 1940-1944, Khertek Anchimaa-Toka, People's Republic of Tannu Tuva
3. 1953-1954, Sühbaataryn Yanjmaa, Mongolia
4. 1960-1965, Sirimavo Ratwatte Dias Bandaranaike, Sri Lanka
5. 1966-1977, Indira Gandhi, India
6. 1968-1972, Song Qingling, China
7. 1969-1974, Golda Meir, Israel
8. 1974-1976, Maria Estella Martínez Cartas de Perón, Argentina
9. 1975-1976, Élisabeth Domitien, Central African Republic
10. 1979-1990, Margaret Thatcher, United Kingdom of Great Britain
11. 1979-1980, Dr. Maria de Lourdes Ruivo da Silva Pintasilgo, Portugal
12. 1979-1980, Lidia Gueiler Tejada, Bolivia
13. 1980-1995, M. Eugenia Charles, Dominica
14. 1980-1996, Vigdís Finnbogadóttir, Iceland
15. 1981-1981 1986-1989 1990-1996, Gro Harlem Brundtland, Norway
16. 1981-1981, Maria Lea Pedini Angelini, San Marino
17. 1982-1987, Agatha Barbara, Malta
18. 1982-1986, Milka Planinc, Yugoslavia
19. 1984-1984, 1989-1990, Gloriana Ranocchini, San Marino
20. 1984, Carmen Pereira, Guinea Bissau
21. 1987, Princess Stella Margaret Nomzamo Sigcau, Transkei
22. 1984-1986, 1988-1993, Maria Ph. Liberia-Peters, Nederlandse Antillen
23. 1986-1992, Maria Corazon Sumulong Cojuangco Aquino, The Philippines
24. 1988-1990 1993-1996, Benazir Bhutto, Pakistan
25. 1990-1991, Ertha Pascal-Trouillot, Haiti
26. 1990-1991, Kasimiera Prunskienė, Lithuania
27. 1990-1990, Dr. Sabine Bergmann-Pohl, East-Germany
28. 1990-1997, Violeta Barrios de Chamorro, Nicaragua
29. 1990-1997, Mary Robinson, Ireland
30. 1991-1996 2001, Begum Khaleda Zia, Bangladesh
31. 1991-1992, Edda Ceccoli, San Marino
32. 1991-1992, Edith Cresson, France
33. 1992-1993, Hanna Suchocka, Poland
34. 1993-1994, Marita Petersen, The Faeroe Islands
35. 1993-1993, Patrizia Busignani, San Marino
36. 1993-1996, Tansu Çiller, Turkey
37. 1993-1993, A. Kim Campbell, Canada
38. 1993-1994, Sylvie Kinigi, Burundi
39. 1993-1994, Agathe Uwilingiyimana, Rwanda
40. 1993-1993, 1998-1999, Suzanne Camelia-Römer, Nederlandse Antillen
41. 1994-2005, Chandrika Bandaranaike Kumaratunga, Sri Lanka
42. 1994-1995, Reneta Ivanova Indzhova, Bulgaria
43. 1995-1996, Claudette Werleigh, Haiti
44. 1996-2001, Hasina Wajed, Bangladesh
45. 1996-1997, Ruth Sando Perry, Liberia
46. 1997-1997, Rosalia Arteaga Serrano de Fernández de Córdova, Ecuador
47. 1997-1999, Janet Jagan, Guyana
48. 1997, Mary McAleese, Ireland
49. 1997-1999, Jenny Shipley, New Zealand
50. 1997-1998, Pamela Felicity Gordon, Bermuda
51. 1998-1998, Anne Enger Lahnstein, Norway
52. 1998-2003, Jennifer Meridith Smith, Bermuda
53. 1999-1999, Ruth Dreifuss, Switzerland
54. 1999, Captain Regent, Rosa Zafferani, San Marino
55. 1999-1999, Irena Degutienė, Lithuania
56. 1999, Vaira Vīķe-Freiberga, Latvia
57. 1999, Tuyaa Nyam-Osoryn, Mongolia
58. 1999-2004, Mireya Moscoso Rodríguez, Panama
59. 1999, Helen Clark, New Zealand
60. 2000, Tarja Halonen, Finland
61. 2000, Maria Domenica Michelotti, San Marino
62. 2001, Gloria Macapagal-Arroyo, The Philippines
63. 2001-2005, Sila María Calderón Serra, Estado Libre Asociado de Puerto Rico
64. 2001-2002, Mame Madior Boye, Sénégal
65. 2001-2004, Megawati Sukarnoputri, Indonesia
66. 2002, Chang Sang, South Korea
67. 2002-2004, Maria das Neves Ceita Batista de Sousa, Republic of São Tomé e Príncipe
68. 2002-2004, Natasa Micic, Serbia
69. 2003, Anneli Jäätteenmäki, Finland
70. 2003, Dr. Beatriz Merino Lucero, Peru
71. 2003-2004, Mirna Louisa-Godett, Nederlandse Antillen
72. 2003-2004, Valeria Ciavatta, San Marino
73. 2003-2004, Nino Burjanadze, Georgia
74. 2004, Luísa Dias Diogo, Moçambique
75. 2004, Barbara Prammer, Austria
76. 2004, Radmila Sekerinska, Macedonia
77. 2005-2006, Yuliya Tymoshenko, Ukraine
78. 2005, Fausta Simona Morganti, San Marino
79. 2005, Cynthia A. Pratt, The Bahamas
80. 2005-2006, Maria do Carmo Trovoada Pires de Carvalho Silveira, São Tomé e Príncipe
81. 2005, Angela Merkel, Germany
82. 2006, Ellen Johnson-Sirleaf, Liberia
83. 2006, Michelle Bachelet Jeria, Chile
84. 2006, Emily de Jongh-Elhage, Nederlandse Antillen
85. 2006, Portia Simpson-Miller, Jamaica
86. 2006, Han Myung-sook, South Korea
- Not Pictured:
87. 1977, Lucinda E. da Costa Gomez-Matheeuws, The Netherlands Antilles
88. 1984-1986 1988-1993, Maria Ph. Liberia-Peters, Nederlandse Antillen

Activist Spotlight:

Everyday Mujer Heroína:

Gracia Molina Enriquez de Pick

Renee Rios

Born in Mexico City in 1930, into one of the most socially conscious families in Mexico, Gracia Molina Enriquez de Pick was raised among educators, lawyers, and physicians—all concerned

with social change. One of her grandfathers helped to draft Articles 27 and 123 of Mexico's Constitution of 1917. Her other grandfather organized the nationwide Anti Re-

election Party that caused the downfall of the dictator Porfirio Díaz.

During one conversation Gracia, who was the favorite niece of one of the closest friends of Mexican

Artist, Frida Kahlo, related: "When I was twelve and thirteen years old, I would spend time with my aunt and Kahlo...I learned from them that great people are never only for themselves, but always fight for those who cannot defend themselves."

Clearly it is no wonder that Gracia embraced activism early in her life, fighting a broad base of struggles—social, political, environmental and economic justice for all. Some of her most prolific work has been with indigenous, immigrant and LGBT communities. Molina Enriquez de Pick began as a thirteen-year-old to help the striking indigenous students of the National Teacher's College call to save the student's scholarships.

Gracia later graduated from the National Teacher's School and attended the Feminist University of Mexico City. After relocating to San Diego in the 1957, Molina de Pick went on to earn her master's degree from San Diego State University.

As a tenure faculty member at Mesa College she developed the first program and department for Chicano/a Studies. She was founding faculty of Third College (Thurgood Marshall College), UC San Diego, where she developed the undergraduate sequence for

Third World Studies. She is also a former Commissioner of the California Post-Secondary Education Commission (1976-80).

As an educator, Molina de Pick was also a tireless supporter of Chicano and Ethnic Studies education in San Diego public schools and universities. She offered the A.A. degree in Chicano/a Studies that appears in El Plan de Santa Barbara. She was also a promoter and an advisor of the first chapter of MEChA at Mesa College, San Diego State University, and UCSD.

On behalf of women's rights, she established La Comision Feminil Mexicana Nacional, the first national Chicana feminist organization. She was a founder of the second wave of feminism in the U.S., of the National Women's Political Caucus (1970), and the National Council of La Raza, the first Civil Rights Advocate group for Mexican American Civil Rights (1969-1977).

Today she serves on the board of the National Women's History Project, the Veteran Feminists of America, the Central Committee of the Democratic Party, the Center for Policy Initiatives of San Diego County, and the advisory board of the La-

tino/Latina Unity Coalition. In 2002, she was the first Chicana to be inducted into the San Diego Women's Hall of Fame.

Much of what is occupying her time these days is working to galvanize Chicano communities to participate in the political process.

Not only a community organizer, but a visionary, Molina de Pick points out the importance that all communities to continue to create alliances and the need for people in California to look to the future of the ever-changing face of our nation. During a phone interview she states that: "In California, there is no longer a majority, rather the majority is all of the minority communities together. It is happening here in California and that is why many white people feel threatened. But issues of nativism are not unique. White people are frightened and don't know how to deal with diversity. Chicano students need to be strong with understanding and becoming engaged with political organizing and always creating coalitions with other progressive groups that understand the importance of making social change with the vote rather than the gun."

Meet the Fabulous Women's Center Interns!

Julia Buyanin

.....

During the fall of this year, the Women's Center welcomed nine new, enthusiastic interns to help meet all of your needs! This is a chance for you to get to know them better individually, as well as understand their collective goals as interns here at the Center. We kicked off the program with a week of training that allowed us to get better acquainted with each other, as well as the two other community centers (LGBT Resource Center and Cross Cultural Center), explore the space and mission of the center, and become better educated about social justice and gender issues. Throughout the year, we will work to bring you awesome programs, such as Love Your Body Day, weekly Gender Buffet discussions, important guest speakers, film screenings, and other great events. We are here to support activism on campus and throughout the community, as well as in your individual lives. We encourage everyone to join the new Women of Color group for discussion and activism. We provide information and referral to help guide you through the many resources that are available to you on campus and in the community. Most importantly, here at the Women's Center we want to provide a safe and comfortable environment where everyone can feel welcome. We hope to be able to take your ideas and suggestions and make them a reality, and to share and represent your passions and concerns. We are constantly learning, re-learning, and improving our work here at the Women's Center, so please feel free to provide feedback on how we can best address your needs! So next time you see one of us, don't hesitate to let us know if there is anything we can do for you, or just say hi. We would love to get to know you better!

Renee Rios



Position: Events & Programming Intern

Position Description: I help to develop and implement programming and events around gender and diversity issues in an effort to promote an inclusive and equitable campus community.

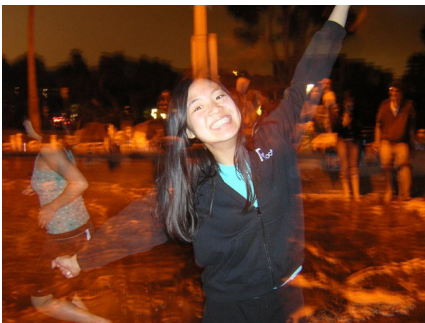
And when I am not doing that, I like to hang-out with visitors to the center. The Women's Center is a community space open to all and I hope that we can reflect the needs of the campus community in our programming. Please let us know what we can do to make certain of that.

Question: What is your dream for the Women Center?

Answer: The Women's Center is a great space with a lot of friendly and helpful people working here and my hope is that the Women's Center becomes a place on campus that everyone knows about. It seems that now there is a big, beautiful building housing the center and plenty of space to relax, study, and meet other people, so I hope that everyone has a chance to visit and check it out.

Kristine Chan

Position: Web Design Intern



Position Description: I display information about the Women's Center through the world wide web, bringing the Women's Center into the home or on the go!

Question: What are you most passionate about?

Answer: I am most passionate about maintaining honesty and happiness. It is my hope that everyone can be the most honest they could be, where their trustworthiness is deserved, not assumed. In a world full of unhappiness and deception, truth is something that must be sought after and held onto. I feel it is an important trait to have that leads directly to human happiness.

Hey, remember that old guitar in your garage that no one has played in like a decade? How about donating it to the Women's Center for visitors to play around on? Then you can use that storage space for your stamp collection!

Maureen "Human Resource" Garcia



Position: Facilities Coordinator, Info & Referral Intern

Position Description: What I like to call myself is "The Human Resource." If you have any questions about almost anything, come to me! I get paid to know the answer! Between my twin (Romina, the other "Human Resource") and I, we will find an answer. So don't be afraid, ask away!

Question: What is one thing that would help men understand women better?

Answer: Dude, say something! Communicate verbally! Explain what you feel and/or think. Once you are done... Listen to what we have to say! I guarantee, we will listen in return!

Nikolitsa Paramomos



Position: Graphic Arts and Public Relations Intern

Position Description: My position at the Center is officially titled, "Graphic Arts and Public Relations Intern."

Although I am quite computer-arts illiterate, I manage to cut, paste and paint my way around my work. I believe my position in the Women's Center is not only to create groovy images and advertisements, but also to generate awareness of the Center and its resources to the UCSD and surrounding community. I am working on fostering a network of activist communities in and around UCSD to connect feminist struggles with issues of race, class, ethnicity and sexuality.

Question: What is one way that we can improve the Women's Center this year?

Answer: Currently, I feel there is a stigma that the UCSD Women's Center is run by and supports the "white heterosexual female" agenda. By illustrating how issues of race, class, sexuality and nationality are interconnected with feministic struggles, I hope to promote dialogue and action around these topics. Informal discussion groups, people of color activist groups, conferences, teach-ins with the broader community and creating networks with progressive people and groups are all ways in which the Women's Center can break that stigma and make real change happen.

Matthew Riederer



Position: Men's Activism and Outreach Intern

Position Description: I am the Men's Activism and Outreach Intern. In a nutshell, this means that I do anti-sexism work with men. We, male-bodied people, are dehumanized by patriarchal society even as we reap the material rewards of unearned privilege. That puts us in a strange place. What can we do to fight

sexism? How do class, race, sexuality, and ability differences relate to sexism? Ahrrggh! It gives me a headache even to say it out loud. But saying it out loud is a good way to start to understand it. So, if you are similarly interested in talking these things out, send me an email and I will put you on my "List of People Interested in Anti-Patriarchy" Group. Then, when the time comes next quarter, you will receive an embossed, engraved, beautifully hand lettered invitation to that group.

Kathleen Baca



Position: Activism and Outreach Intern

Position Description: Yo...I am the Activism and Outreach Intern at the Women's Center and basically I inform UCSD and the surrounding community

of the things they can do to become more involved. I am also here to cleverly inform the community of campus, local, state, national and international issues concerning social justice. Also, I promote what a great space the Women's Center is for students, staff, faculty, and community members and create awareness of the programs that we create for the community.

Question: What can women do to fight the negative body images portrayed in the media?

Answer: There are many different ways to fight the negative body images portrayed in the media, but it starts with acknowledging how beautiful your own body is and loving it. Another way is to not buy products that advertise negative body images, make sure that the people who run these things know how you feel. Don't be afraid to speak your mind or a write a letter because one person can make a huge impact on someone else.

Kyla Buckingham



Position: Newsletter Intern

Position Description: I'm responsible for putting together this newsletter that you see here. I collect submissions, brainstorm ideas, do a bit of writing, and

then put it all together, but not without the help of the other interns and the community. My goal is to bring you thought-provoking material that raises questions, fosters discussion, and points toward solutions. This year we hope to move Abreast in a more literary direction, which is why it is so important to enlist the support of our readers. Please, send me your stuff!

Question: What is an issue in the upcoming election that you feel strongly about?

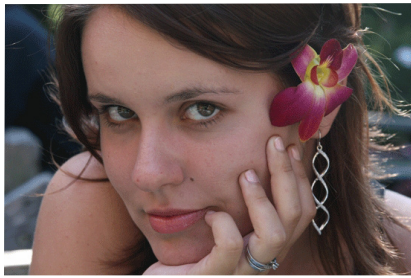
Answer: I'd like to urge readers to vote no against Proposition 85. The government should not have the right to mandate morals or family communications, nor should anyone be forced to agree with their parents' politics. While ideally a teenage girl would turn to her parents before having an abortion, not all girls come from supportive families, and doing so would put many girls in danger. Although the proposition allows courts to overturn this mandate, this is not practical – the average teenager does not have the kind of resources that would take. Instead, these girls may turn to dangerous back-alley abortions. Prop 85 is not in their best interest.

Imagine Yourself Here!



Come visit us in our new space and fill up this comfy living room! We also have outdoor space, a library, lactation room, conference room, community kitchen and more! Stop by to hang out, study, or just to say "hello." We're located upstairs at the Original Student Center across from the Main Gym and Erickson Hall. Visit women.ucsd.edu for directions and more info.

Julia Bryanin



Position: Lactation Services Intern: "Lactivist"

Position Description: I'm thrilled to be a part of this new, much needed program for breastfeeding mothers

on campus! I'm here to help women register for the program, answer questions, address any concerns, and take suggestions to make sure that their needs are being met! At this point, there are five different locations dispersed throughout UCSD, and I hope that we will be able to provide more locations in the future! I have a tremendous amount of respect and admiration for all of the hard-working mothers balancing the joys of motherhood with the responsibilities of their professional and educational lives, each and every one of them is absolutely amazing!

Question: What is one thing that you wish there was more of on the UCSD campus?

Answer: Friendly interactions between different people. Conversations and exchanged smiles between strangers. An effort to reach out and get to know other people! Individuals are so unique and interesting, and we could all grow in empathy and understanding if we would only listen to one another.

Romina Oribello



Position: Facilities Coordinator, Info and Referral

Position Description: I'm in charge of the Women's Center...or at least the resource binders, which hold referrals for any needs that students, staff, faculty or community members may have. These can range from

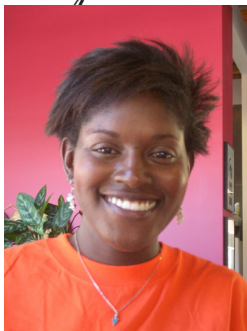
domestic violence, to pregnancy, to harassment. I'm also one of the main people that work at the front desk, answering phones and welcoming visitors to the center.

Question: Who is your first choice for the presidential election in 2008?

Answer: I am really eager to see a person of color or a woman to hold a powerful leadership position in the near future. Because of this, I hope that Senator Hillary Clinton of NY is considering competing in the Democratic primaries. I feel that she is not only well-educated about important national issues such as the war in Iraq, the economy, and education, but she can also use her experience of being the first lady for eight years to act as a fair leader for all groups of people. I also think that her career not only as a senator, but hopefully a future president will inspire many women out there to get involved in politics and take on leadership positions. Go Clinton '08!

What do you LOVE about the Women's Center?

Aliya Simon



Quirky Fact: I have a fear of being trapped in my spacesuit floating out into the nothingness of space!

Answer: The awareness and fluidity of the space. Everyone is someone here.

Jen Diaz



Quirky Fact: I blow glass!

Answer: The Women's Center is a safe and comfortable place for me. I like the people that come in here. Hilda rocks!



Hilda Chan

Quirky Fact: I once had forty hamsters, simultaneously. Our house smelled like pee!

Answer: It's a great place to meet like-spirited, diverse people and discuss issues that are important to me. I also LOVE their library!

Jami Quodry

Quirky Fact: I have an obsession with clean hands!

Answer: I love the Women's Center because it is a safe and supportive space where I can relax in between classes!

Nieland

Quirky Fact: Jenn Teschler has two different sized nostrils!

Answer: It's pretty and it makes me feel pretty too!

Your Thoughts

What is Feminism?

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What is feminism to you? We asked our interns, and here's what they said. Please send your definition to women@ucsd.edu for our next issue. You may include your name, age, college, and/or major (if you're a student), or you can remain anonymous – everything is up to you!

Feminism – my way

A way of living, being, thinking, believing that enables each to embrace the feminine within. Men identified, women identified, girls, boys.

Feminism is the belief & practice of equality between all humans

Feminism is valuing women and advocating for the welfare and equality of all people.

Feminism is a social justice movement for socio-political, economic, legal and personal equality among the sexes of all colors, ages, abilities, shapes and sizes.

Feminism

The recognition of systems, policies, laws, and practices that disproportionately effect people based on their gender.

Feminism

The fight to advance all oppressed people

Feminism: promoting and actively engaging in gender equality, ending oppression and working towards a future without bias and stereotypes

Feminism, to me, is a solution to a problem I have encountered my whole life. The problem is society and history, the solution is...

Do breasts offend you?

Kyla Buckingham
.....

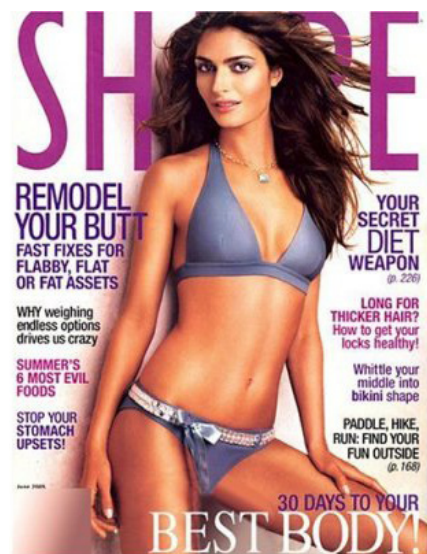


Babytalk, a free parenting magazine, received over seven hundred angry letters in response to their August, 2006 cover featuring a nursing baby, more than they've received for any article in years, according to AP Associated Press. "Gross, I am sick of seeing a baby attached to a boob," one woman wrote. "A breast is a breast. It's a sexual thing," said another. According to the American Dietetic Association, 57% of Americans do not believe that women should have the right to breastfeed in public. But why are people so squeamish about breasts and babies when we see breasts in other magazines every time we stand in a checkout line? Does this cover offend you?

The Rolling Stone cover features a sexualized subject using a photograph that emphasizes the importance of large breasts as a beauty standard. This photo shows more breast than the Babytalk photo, but small pieces of cloth cover her nipples. Does this cover offend you?



Shape claims to be a health magazine, but it emphasizes a narrow view of beauty, calls food evil, and encourages readers to "whittle" and "fix" themselves into an unnatural shape with "diet weapons." Its attitude toward the female body is hostile, portraying weight loss and firm skin as the primary measure of health. This woman's breasts are covered, but her body is epitomized. Does this cover offend you?



Tell the Women's Center what you think! Why are women's bodies used to sell so many products? How do these images make you feel? Email us at women@ucsd.edu, attn: Newsletter.

WC Events Highlight:

Gender Buffet: **Every Friday, 11:00 a.m.-12:30 p.m at the Women's Center**

Join us each week as we discuss gender and diversity issues. Talk, learn and enjoy free food at the Gender Buffet. All are welcome!

Yarn Factory: **Second Wednesday of each month, 12pm—1:30pm**



Interested in knitting, crochet, conversation and fun? Then come to Yarn Factory. Bring your own knitting needles, crochet hooks and yarn (we will have a limited amount available for a small donation) and we'll provide the snacks and resources for those of you just starting out. Beginners and experienced knitters alike are welcomed.

Women of Color Collective: **Fridays at 2pm at the Women's Center**

Interested in challenging oppressive institutions, creating a strong activist community, and changing the world? Join the Women of Color Collective to create a voice for all disenfranchised groups, make a network of progressive individuals, and establish long-lasting systems that will create equality and fair representation. All are welcome. E-mail wccollective@gmail.com with questions, comments, and ideas.

United Farm Workers Donation Drive:

This Thanksgiving Day, many of us will sit down to enjoy a large meal with loved ones, while the individuals who help to provide the feast are often left out of the bounty. Let us give thanks! The Women's Center UCSD is collecting clothing and financial donations for the Thanksgiving 2006 United Farm Workers Family Fund & Clothing Drive. We will lead a student delegation to deliver donations to the UFW Headquarters, which houses the National Chavez Center and the memorial of Cesar Chavez, co-founder of the UFW. Students will meet with the union leadership and the Chavez Family. One of our goals is to increase student involvement and cooperation through the creation of internship opportunities for students interested in activism, law, social equity and union organizing. Contact: Renee Rios, (858) 822-0074, women@ucsd.edu.

Craft Fair: **Wednesday, November 29, 10-2 p.m, at the Women's Center**

Are you looking for a unique gift idea? Or do you want to just add a little creativity to your wardrobe or home? Please join us for the Women's Center Jewelry and Craft Faire, featuring jewelry, accessories, and hand-made items crafted by our students and staff. Proceeds will benefit the Women's Center general fund. Light refreshments will be served.

Yes, I'd like to join the Women's Center Circle of Friends
I'd like to make a tax-deductible donation to the UCSD Women's Center.

Please check one

I'd like to make a one time donation of \$ _____

Please choose method

Enclosed is my check made payable to "UC San Diego Foundation"

Please write on the Memo Line Women's Center Fund #4649

Charge my Visa, MasterCard, American Express or Discover Card:

Card # _____ Exp. Date _____

Signature: _____

OR

I'd like to make a monthly payroll contribution of : \$ 100.00 (\$1,200 total annual)

\$ 10.00 (\$120.00 total annual)

\$ 50.00 (\$600.00 total annual)

\$ 5.00 (\$60 total annual)

\$ 25.00 (\$300.00 total annual)

Please fill out to receive a UCSD Payroll Deduction Authorization form or in case we have questions about your contribution, and return completed form to The Womens Center, 9500 Gilman Drive 0096, La Jolla, CA 92093-0096:

Name _____

Address _____

Telephone _____

E-mail _____

**THE
WC**

Women's Center
women.ucsd.edu